



**When** Thursday 24th  
February

**Time** 10—11.30am and  
12—1.30pm

**At** Northcourt Centre,  
Abingdon, OX14 1NS

**Free to attend**

# Sibling Support Workshop

**Swings & smiles are very excited to bring our SIBSupport Workshops to Abingdon this February half term.**

This is a great opportunity to make new friends and spend time with peers who can relate to some of the highs and lows that come with having a sibling with special needs. There is never a dull moment with plenty of activities and games on offer at every session.

**10—11.30am - Year 3 - 6**

**12—1.30pm—Year 7 +**

**The workshops aim to support siblings in their relationships and understanding of others as well themselves, and encourage them to grow in confidence, resilience and their overall wellbeing.**

All of our SIBS sessions are free to attend and the children are left with us. Please book your space in advance by emailing [sibsupport@swingsandsmiles.co.uk](mailto:sibsupport@swingsandsmiles.co.uk) or by calling 01635 285170.

**Registered Charity Number 1120598**

